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| **Life Planner** |
| **Area of life:** |
| **Timescale** | **Actions/Aims** |
| 5 years |  |
| 4 years |  |
| 3 years |  |
| 2 years |  |
| 1 year |  |
| 9 months |  |
| 6 months |  |
| 90 days |  |
| Current |  |
| Assumptions made |  |
| **Instructions:** Write down your aim for where you want to be in 5 years time and write it in the first section under Actions/Aims. Write down your current situation and assumptions made. Then think of the milestones you would expect to be at for each of the timescales given and write them down. What can you do in the next 90 days to start your journey? You need to start NOW! Enjoy the process then TAKE ACTION! Review every 90 days. |